



Alexandria Crew Boosters Summer Crew Registration

Youth Programs June 29 – August 1, 2009

1. Personal Information (please print clearly)

Name: _____

Address: _____

City, State, Zip _____

Phone: _____ Check one: home cell

E-mail: _____

Parent E-mail: _____

Date of birth: _____ Year in School (next fall): _____

School: _____

Experience (number of competitive rowing seasons completed) : _____

2. Program (select one):

- Youth Novice Sweep.** Learn to row! Students in grades 8 through 12. No experience needed. Swim test required. Monday – Friday 7:15 – 9:00 a.m. Fee \$175
- Youth Intermediate Sweep Rowing.** Improve your skill and technique! Students who have completed 9th grade and at least one season of competitive rowing. Rowers will be evaluated in the first week and may be reassigned if additional skill development is required. Must pass a swim test. Monday – Friday 7:00 – 8:15 a.m. Fee \$175
- Youth Advanced Sculling.** Use two oars! Limited to high school students who have experience as scullers or in varsity-level sweep rowing. Program director has discretion to reassign according to rower's skills. Must pass swim test. Monday – Friday 6:30 – 7:45 a.m. Fee \$200

3. Physical Fitness, Youth Program (Check one. Do not bring VHSL files to registration)

- My current VHSL physical is on file at my high school, or...
- As the parent of the above named student, I certify that he or she is in good physical health, and that strenuous exercise will in no way endanger my son's or daughter's health.

4. Swim Test (check one)

- My swim test is on file with my High School
- I will take the swim test and submit it next week (swim test date will be announced at registration.)

5. Certification

I certify the accuracy of the information provided above and I have read and agree to the terms of the USRA waiver on the reverse side of this form.

Parent/Guardian name _____

Parent/Guardian signature _____ Date: _____

IN CONSIDERATION of being given the opportunity to participate in Alexandria Crew Boosters Summer Rowing Program ("Club") activities ("Activity") until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____ (See reverse side) Date: _____ (see reverse side)

Address: _____ (See Reverse side) Phone: _____ (See Reverse side)

Signature (only if age 18 or over) _____ Sign on the reverse side

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian: _____ (See reverse side) Date: _____ (see reverse side)

Address: _____ (See reverse side) Phone: _____ (See reverse side)

Parent/Guardian Signature (only if participant is under the age of 18): _____ Sign on the reverse side