

COACH'S CHECKLIST

- Check weather report
- Know travel patterns of other coaches

In the launch

- Lifejackets – one per rower and spares
- Throwable PFD
- Everyone in the launch wears a lifejacket
- Anchor
- Radio or cell phone
- Paddle
- Rope
- Megaphone
- Safety stop switch – lanyard attached

Coxswains

- Coxswains wearing PFD
- Coxswains carrying whistle
- Coxswains carrying 911 emergency cell phone or radio